



1-2-3 COUNSELING

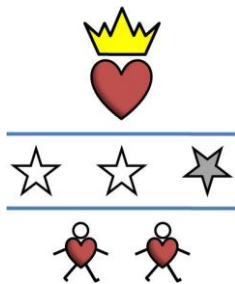


MY JOURNEY: DISCOVERING TOOLS

1. SPIRITUAL WARFARE (MY DAD, MARK BUBECK, NEIL ANDERSON)
2. EXCHANGED LIFE (BILL GILHAM)
3. INNER HEALING (DAVID SEAMONDS, ED SMITH, KARL LEHMAN)
4. WOUNDS, LIES, VOWS (JOHN ELDREDGE)
5. MATURITY DEVELOPMENT (JIM WILDER)

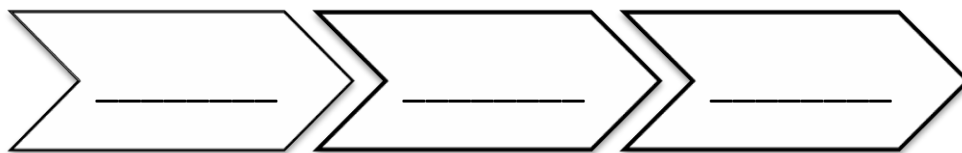
PUTTING IT ALL TOGETHER . . . 1-2-3 COUNSELING

3 LEVELS

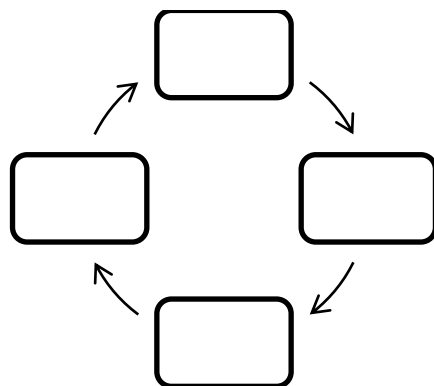


ONE CHALLENGE: SPIRIT VS. FLESH

- FLESH



- SPIRIT





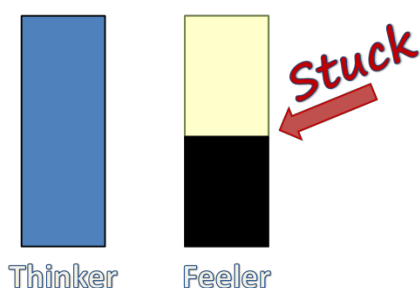
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TWO CONCEPTS: CAPACITY AND WARFARE



CAPACITY: MATURITY IS MEASURED BY EMOTIONAL CAPACITY.

- **OUTLET PRINCIPLE**— WHEN OUR CAPACITY IS EXCEEDED, WE TEND TO EITHER SHUT DOWN OR BLOW UP
- **THINKER/FEELER (BILL GILHMAM)**



- **CAPACITY IS STUNTED BY TRAUMA**

A TRAUMA STUNTS CAPACITY THROUGH THE ABSENCE OF THE GOOD WE NEED.

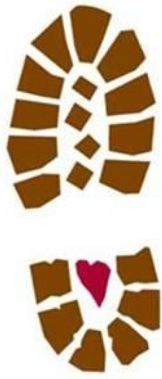


B TRAUMA STUNTS CAPACITY THROUGH THE BAD THAT HAPPENS TO US

- **LOW EMOTIONAL CAPACITY IS RECOGNIZED BY THREE CHARACTERISTICS**

- ✓ **AVOIDANCE**
- ✓ **ANGER**
- ✓ **ADDICTION**

“ADDICTION IS THE RESULT OF A CATASTROPHIC FAILURE TO ATTAIN MATURITY” – JIM WILDER



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WARFARE

- LEGAL GROUND
- AUTHORITY

LEGAL GROUND IS SURRENDERED WHEN DEMONS GET _____ TO ACT.

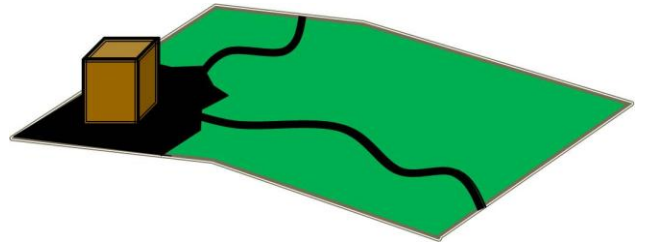
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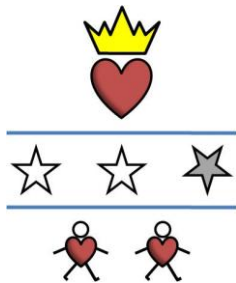
U UNFORGIVENESS

L LINEAGE

L LIES WE BELIEVE



AUTHORITY IS GIVEN TO EVERY BELIEVER BECAUSE WE ARE “SEATED” WITH CHRIST IN A POSITION OF AUTHORITY (EPHESIANS 2:6).



AUTHORITY CAN BE USED IN THREE WAYS

- BINDING
- LOOSING
- EVICTING



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THREE CHALLENGES: BONDAGE, BAGGAGE, BONDING



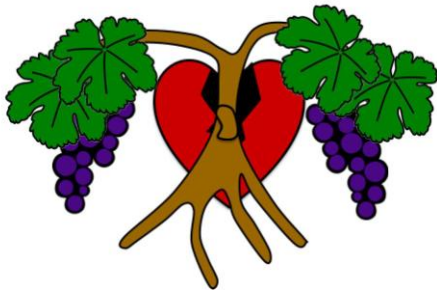
BONDAGE

LEGAL GROUND IS RECLAIMED WHEN PERMISSION IS REVOKED AND DEMONS ARE EVICTED.

- C. CONFESS WHAT GAVE PERMISSION
- C. CANCEL THE PERMISSION
- C. COMMAND THE DEMONS TO LEAVE

BAGGAGE

WE WILL DEAL WITH THIS IN THE SESSION ON “R.E.A.L. PRAYER”



Wounds
Lies
Vows
Strongholds

REAL Prayer



1-2-3 COUNSELING



BONDING

- A. Maturity is my job; not God's
- B. Building Maturity Skills requires a balance of Hard Work and Rest



- C. Building Maturity means developing Wisdom
 - a. **Discernment**: The ability to distinguish good from evil; what is satisfying from what is merely pleasurable.
 - b. **Discipline**: The strength to choose good over evil; that which is satisfying over what is simply pleasurable.
- D. Building Maturity requires developing relational skills
 - a. Joy Bonds vs. Fear Bonds
 - b. Remaining relational under stress
 - c. Building Belonging
 - d. Mentoring